



After the Covid19 pandemic had dominated the activities in our partnership for almost 3 years, we could finally breathe a sigh of relief in the middle of 2022 and personal meetings could take place again.

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Video: Community Gardens in Cape Town and Aachen

Norbert Kuntz

Still during the Covid19 pandemic, a video was made about five gardens supported by the Partnership's Climate Ticket in Cape Town and three community gardens in Aachen. During the interviews with the people in charge of the gardens, we learned about the different approaches and reasons for establishing these gardens, how they work and their significance during the Covid19 pandemic. Check out the video on our YouTube channel (unfortunately only in German):

<https://www.youtube.com/watch?v=-HxXNP9u9Xc>



Exchange of the Kreisgymnasiums Heinsberg to Cape Town

Learners of the KGH

Before the October-holidays 2022 we, 13 students of grade 11 accompanied by Mrs. Wolff and Mr. Dohmen, went on a trip to the Motner City in South Africa: Cape Town.

The centerpiece was the exchange with Phoenix High School in Manenberg. Together with the students of the township, we decorated the walls of the dining hall under the supervision of the local artist Steven van Niekerk and got into a lively exchange about culture, everyday life, similarities and differences.



We were allowed to get to know the other side of South Africa, sights and breathtaking scenery, left us with amazement. From avatar-like cliffs, the meeting point of two oceans, to growling lions and leaping whales, everything broadened our horizons. By the time we left, we were already looking forward to a return visit and were grateful that it could take place in June 2023. If you want to know more about our time in Cape Town, you are invited to read our blog (in German):

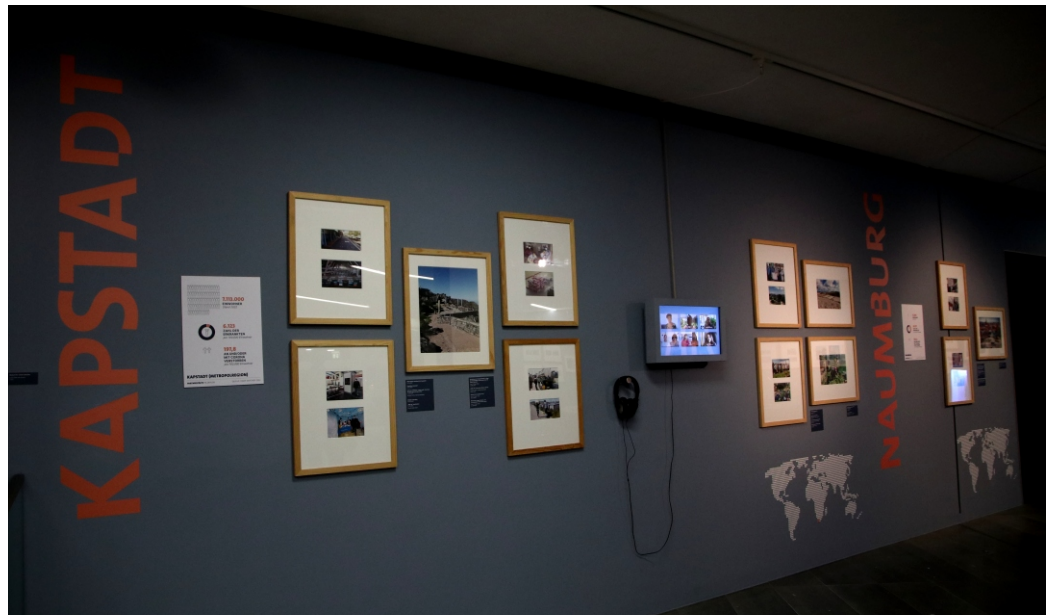
<https://kapstadt.kreisgymnasium-heinsberg.de>



Exceptional times - A virus takes over the every day life

Norbert Kuntz

Aachen's City Museum Centre Charlemagne ventured a first look back at the past Covid19 years at an exhibition from the 19th of November 2022 to the 19th of March 2023. The exhibition consisted of three parts. The part "Other Cities - Corona in Aachen's Twin Cities", gave insights into the situation of the last years in Aachen's twinning cities. This part of the exhibition could be seen in the foyer of the Centre Charlemagne free of charge.



On the basis of photo series and statements the special situation in the twinned towns was presented. For the Cape Town part, both the City of Cape Town and the "Förderverein der Aachen-Kapstadt Partnerschaft" had provided photos. Norbert Kuntz conducted video interviews with a total of eight people in Cape Town and asked the interview partners about their very personal experience in the Covid19 years. These interviews were shown in the exhibition on a video monitor. They can also be viewed on our YouTube channel:

<https://www.youtube.com/@fordervereinaachen-kapstad3385>



The local television station WDR Aachen reported on the exhibition opening in a detailed report and curator Professor Frank Pohle, in his statement to the camera, particularly emphasized the effects of COVID19 in Cape Town, which were clearly different from those in other twinning cities.

The Centre Charlemagne also had a catalog printed for the exhibition Covid19 in Aachen's twinning cities (in German), which can be purchased on site (15 €). For those interested, we offer to send the catalog part about Cape Town (12 pages) as pdf. Please contact us via email at:

Info@aachen-kapstadt.de



Climate Ticket Aachen-Cape Town 2022/2023

Birgit Jakobs & Norbert Kuntz

Between November 2022 and January 2023 we visited all garden projects that had received funding from the Climate Ticket Aachen-Cape Town last year. We convinced ourselves of the impact of the previous funding, explored the need for further funding and decided on the same. Since some previously funded projects did not receive any further commitment for 2023, new projects could be included in the climate ticket funding. The following gardens from the previous funding program will continue to be funded in 2023 for sub-projects that are clearly defined in terms of funding and time:

1. Feed the Future, Elsie's River - We are funding a removable pump for the large water tank that is connected to the roof drainage so that the pump cannot be stolen.
2. Streetscapes Urban Farm, Kuilsriver - Fynbos seedlings and shade trees for the vegetable beds will be purchased with Climate Ticket funding.
3. Gugulethu Urban Food Forest Initiative (GUFFI) - We will promote better equipment for GUFFI's educational garden at Lehlohonolo Primary School and fund the supply of seedlings for those neighbourhood gardens that show a lot of initiative.



Garden at Bardale High School



GUFFI-gardener

4. Amava Oluntu, Muizenberg - The Vrygrond Community Garden has been managed by Amava for 2 years. The garden group now wants to organize itself independently and redesign the garden to make it accessible to children from Vrygrond. The Climate Ticket money will be used for this.

5. Ezemvelo Organic Garden from Food Agency Cape Town (FACT), Mfuleni - Nomonde Buthelezi had established her garden in Mfuleni four years ago, which unfortunately was destroyed. On the grounds of Bardale High School in Mfuleni, Nomonde will now establish a new garden, with funding from the climate ticket.

6. Soneike High School, Kuilsriver - At the partner school of the Heinrich-Heine-Comprehensive-School, we are funding planting tunnels for agricultural learning projects that the students will implement on their own responsibility.



Learners from Soneike High School with Ivan Meyer
Minister of Agriculture of Western Cape

7. Primrose Park Primary School, Manenberg - Following completion of the irrigation systems, we are now sponsoring shade trees for the vegetable beds.

8. Grandmothers Against Poverty and AIDS (GAPA), Khayelitsha - We will sponsor the expansion of the shade structure.



Garden at Primrose Park Primary School



Garden at "Grandmothers against Poverty and AIDS"

New Projects

Salt River High School

The school is located in a neighbourhood close to the city, but is attended by children who come from difficult social backgrounds. There are many orphans and migrant children. The Salt River Neighbourhood Gardens Community Initiative has begun to plant a school garden, which is watered and maintained by the children. Vuyani Quamata (GUFFI) comes once a week to oversee the planting and harvesting process. The school principal actively supports the planting of the garden. Due to its size, the school's plot offers many possibilities for use. The funds from the Climate Ticket grant will be used to create a garden area with native plants that are primarily indigenous to Table Mountain. The garden will become part of the "Fynbos Corridor Collaboration" project.

Westlake Primary School

Carolynne Franklin, Ward 71 District Councillor made contact with Westlake Primary School, a zero-fee school. Westlake is a kind of township area between the affluent Kirstenhof and Muizenberg neighbourhoods, where 17,000 people mostly live in public housing. This year, the school and its Eco-Club began to plant a school garden. This will be expanded with funding from the climate ticket.

Rosendaal Secondary School, Delft

The contact was established through the City of Cape Town. Last year, the school started to establish a school garden. In the course of the expansion of the school, a large area is to be landscaped and laid out as a garden. For project funding, it must be ensured that the area is irrigated and maintained by a gardener. For the first year and a half, "The Sprightly Seed" would tend the garden.



School garden at Salt River High School



New build beds at Rosendaal High School

Mural at the underpath in Aachen-Richterich

Uta Göbel-Groß

Pupils of the Heinrich-Heine-Comprehensive-School designed a mural on the theme of "Colourful cosmopolitanism".

An impressive mural has adorned the underpass in the suburb Richterich since May. It is part of a project that will continue over the next four years and enrich the district. The underpass will gradually be given a new coat of paint. Under the direction of artist Uta Göbel-Groß, students from the Heinrich-Heine-Comprehensive-School (HHG) have created a colorful work that embodies the theme of "colourful cosmopolitanism". In workshops, they brainstormed, painted and experimented with what might fit the theme for such a large mural.

The result is a visual highlight that also symbolizes intercultural exchange and openness to different cultures and perspectives. In the meantime, a first exchange of the HHG with their new partner school SONEIKE in Cape Town took place. The students were eagerly anticipating the visit of young people from their partner school to present their project to the students from Cape Town. This upcoming exchange provided the youth with new insights and inspired them to come up with new ideas.

The pupils mastered the implementation of the first ideas on the wall with flying colours - and the reactions from the local population were also enthusiastic throughout. The fact that the walls of the underpass are being renewed after 12 years with new pictures, themes and colourfulness was generally well received - an incentive for the painters to give their best. The mural project will continue to move forward with enthusiasm and make the Richterich underpass a unique place of art and encounter.



It's a collaborative project in cooperation with the Aachen-Richterich District Office that emphasizes the importance of art in public spaces and promotes cooperation between the Heinrich-Heine-Comprehensive-School and the local community. The completion of the entire project will raise eyebrows in the years to come and inspire people to live the idea of a "Colourful Cosmopolitanism." It is a testament to the creative energy and sense of community of the students who are committed to a long-term art project, transforming the Richterich underpass into a place of artistic inspiration and cohesion.

We can look forward to it!



“The Shack” - a change of perspective

Nika Stützel

The project "The Shack" took place from 16th to 27th June 2023 in collaboration with RWTH Aachen University and the initiatives "I Am Light" and "Hack Your Shack" at the ZwischenZeit at Aachener Büchel.

"The Shack" is a temporary corrugated iron hut that served as an innovation lab and exhibition space and enabled a change of perspective on the living environments of Cape Town's townships. The goal was to bring into focus the challenges of precarious living situations, but also the talents and initiatives from Cape Town that are improving life in the townships. The project was supported by 12 students from the Institute and Chair of Landscape Architecture at RWTH Aachen University. In a teaching project, they developed ideas and applicable solutions to make life easier in a shack, such as multifunctional supply and furnishing modules for optimal use of the limited indoor and outdoor space. In the process, 4 hacks (simple tricks for improvement) emerged: Flooring made of plastic lids; solar shower; space-saving furniture system; shelving as a room divider. The results were exhibited as 1:1 models at "The Shack" and will soon be published as DIY instructions on the website <https://dooiy.org/> to reach people in similar living situations worldwide.



We plan to continue and further develop this project in 2024, thus deepening the topic of changing perspectives.

Contributors: Andi Dreger and Rebecca Gros (I Am Light) Ayça Sancar and Nika Stützel (LA, RWTH), Marlene Lerch and Nkosinathi Chris Sambo, who supported the project via live stream from Lwandle Township in Cape Town (both from Hack Your Shack).

“The Shack” Kick Off - 16th of June 2023

Norbert Kuntz

The “Förderverein der Partnerschaft Aachen-Kapstadt” organized on the 16th of June 2023 at the ZwischenZeit at Büchel with the cooperation partners Heinrich-Heine-Comprehensive-School, “I am Light” and “Hack Your Shack” a German-South African cultural festival with the title: “The Shack” Kick Off.

“The Shack” was set up in the days before by the latter two initiatives together with students from RWTH Aachen University (Institute and Chair of Landscape Architecture). In an impromptu seminar, the students had been given the task of developing and building hacks (simple ways to improve living conditions in the shack). These had also been set up in the Shack on the morning of the 16th of June.

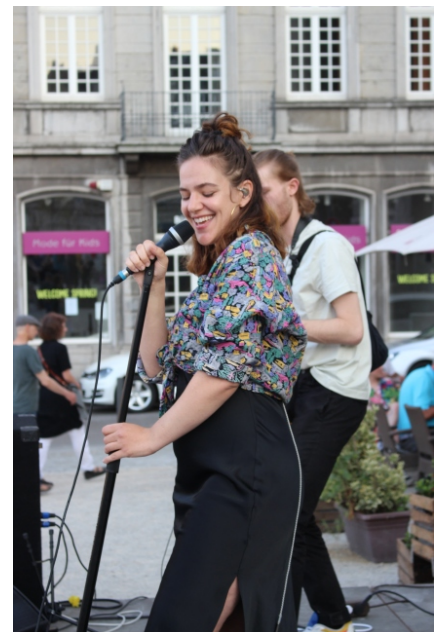
At the beginning of the event at 17h, the participating organizations introduced themselves on stage and those present were invited to have the students explain their hacks to them.



The cultural part of the event began at 19h with a dance performance by the students of Soneike High School with Ayca Halajian as guest dancer from Heinrich-Heine-Comprehensive-School to the song WakaWaka.

In the further course of the first performance set, the students of Soneike High School performed as a choir together with Aziza Baxter-David, partly supported by Adil Madogou from Heinrich-Heine-Comprehensive-School. He and Thato Sondlo also each had a solo performance before Aziza Baxter-Davids (partly with background singer Thato) thrilled the audience with her voice and partly self-written African songs.

At 20:30h, KAT and her band took the stage and closed the evening with their mix of soul, jazz and blues. In changing “line-up” constantly about 200 spectators followed the cultural event.



School Exchange Soneike High School - Heinrich-Heine-Comprehensive-School

Norbert Kuntz & Uta Göbel-Groß

From 12.06. - 26.06.2023 the long awaited school exchange between the two schools finally took place. Four teachers and eight students from Soneike High School - a school with an agricultural focus - visited the Heinrich-Heine-Comprehensive-School, Aachen.

After a warm welcome by the partnership members and the host families at Welthaus on the day of arrival, the following three days were characterized by many choir rehearsals in the schoolband training room in the basement. The young people practiced with great zeal various songs for the event "Kick Off The Shack" (see separate article). In addition, one evening there was a reception in the White Room at the Town Hall hosted by the Lord Mayor, Sibylle Keupen.

After a "free" weekend with the host families, the young people had their next fixed program item on Monday (19.06.):



In the middle of the hot June, a whole day was dedicated to creative activity, a painting project. 17 students from Soneike High and HHG met in the middle of Aachen, at Büchel, at the shack that had just been installed there, to create a mural according to their ideas.

Three large-format panels were painted as related webs - with the themes of animals & plants, a kind of self-portrait and free associations and wishes for the world and life. Everyone painted everywhere, so the whole thing turned out into one large work of art.



Remarkable was the zeal of all - especially against the background that some had never or almost never held a brush in the hand - all joined in. With a lot of fun, exchange and palaver, singing and dancing. With the support of some adults, who also wonderfully took care of the physical well-being, the 3 panels could develop and finally be attached to the Shack. Another statement to the "Colourful Diversity".

The South African guests were able to relax and have even more fun on Tuesday during an excursion to the water ski facility in Langenfeld.



Then Wednesday was all about urban garden projects. First, flower and herb hanging baskets were made from plastic bottles at the Shack (many thanks to Elke from Büchel-Garten for her active support). Afterwards our South African guests helped the people from the urban garden “Hirschgrün” with weeding. And last but not least we visited the so called “Afrikagarten” in Johanniterstraße and harvested delicious strawberries.



In the pouring rain, 28 Acheners and Capetonians explored the Belgian capital Brussels on Thursday and there, invited by Sabine Verheyen (MEP), especially the EU Parliament and the interactive museum Parlamentarium.



During the visit of the ecological settlement "Alte Windkunst" in Kohlscheid (Uta's home, 10 km from Aachen) and the eco-creative farm "Vier Linden" on Friday, the sun was shining again. Here the responsible persons of both schools (Leon Hanslo, Ronel Baker, Kirsten Hoifmann, Stefan Saffer) signed a partnership contract at the end of the official part of the visit. There was one last program item on Saturday in Melaten, where the Karlsgarten (garden according to the plan of Charlemagne), the associated farmer's garden and the orchard meadows were visited. Afterwards, the 16th birthday of one of the South African students was celebrated. On the last exchange day in Aachen, some visited the Open Sunday of the CHIO (World Equestrian Games) before saying goodbye at Aachen's main train station on Monday and heading to the airport in Düsseldorf.

When asked about their conclusion of the exchange, Lyema, Miso and Onako from Soneike sent us the following lines:

“The Aachen-Cape Town partnership really gave us an opportunity to explore and implement our skills. We enjoyed sharing our skills with children from another country in Europe which going there was exciting to us all. We had an incredible time with our hosts and explored Aachen, saw the beauty, culture, food and people. The experience shall always remain within us and has massively influenced us to move to Europe.

The trip gave us new ideas to improve our lives in South Africa. The trip also showed us life from a different perspective. We loved it. We thank everyone who participated in the partnership and appreciate them all. We absolutely loved Aachen. It was truly the best time of our lives. We would love for the partnership to continue for many years and change students lives.”

Schoolexchange Phoenix High School – Kreisgymnasium Heinsberg

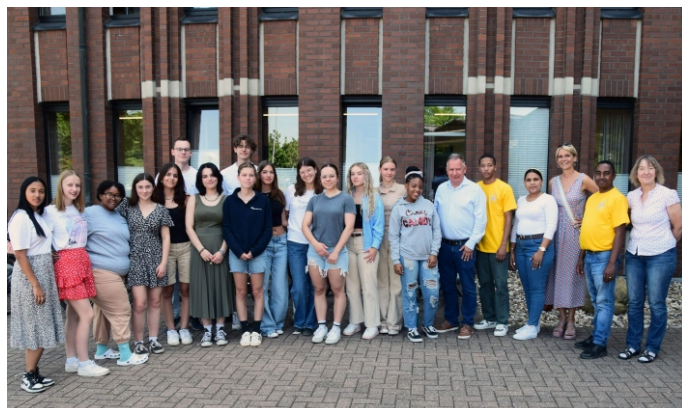
Nailah Larry & John Muller

Germany in June has been nothing short of amazing according to both teachers and the four learners. For our entire group this international travelling was a first and boy oh boy, it was indeed a first to remember forever. Fourteen hours in total was the flight one way from Cape Town to Germany. A flight that changed our view on life completely. From the moment we reached our final destination (Heinsberg) until the very last day of the two weeks were filled with adventure.

We were both nervous and excited as what to expect was very unknown to all six of us. We were warmly welcomed by the learners and Mrs. Wolff the moment we met up at Düsseldorf airport. It was very overwhelming in a very positive way. We worried about language barrier as well as difference in culture and just difference in everything. From the moment we would open our eyes till the evening we went to bed was a different experience of life as we've known it all our lives. Germany is a beautiful country, the air seemed somewhat fresher and the day was way longer than what we have ever experienced before in our life, literally.

We visited beautiful places including Aachen, Amsterdam, Brussels as well as Cologne. We also met amazing people including the Mayor, fellow teachers and Principal of Kreis Gymnasium Heinsberg as well as other unmentioned people. The group would need an entire book to talk about our experiences individually.

Moesfieka was home sick for the first few days but we can safely say she did not want the last day to arrive after she had so much fun between the trees doing zip lining for the first time in her life. Overall what stood out for us as South Africans was the kindness we were treated with by everybody. Kay-Cee, another one of our learners, always prominently called her host family "my family".



It was not easy to be apart from our families for two weeks and so so far away in distance but we can comfortably say we have added to our family because now we have a German family. Bashir enjoyed himself with his peers, both boys and girls. He felt no difference between himself and the learners from Germany. He could be his 100 percent self and therefore he enjoyed the entire journey. For both the teachers as well as learners it was amazing to hear about some of Germany's history, which Mrs. Wolff always enthusiastically told. We visited some museums and beautiful churches, the biggest churches that we have ever seen in our life and did I say, beautiful too!

Bashira, our fourth learner seemed as if she stayed in Germany all her life. She definitely seemed and felt like she fitted into the culture of the teenagers in Germany. She enjoyed the train trips and the grade 12 Abitur so much. As a grade 11 learner it made her excited to know that she would soon also have her Abitur (matric) experience back at home.

Germany in June was an experience that goes beyond words for our group. We are thankful and beyond grateful for the relationship we have built and the kindness that was shown overall. Every place we visited in Germany engraved a memory on our souls.

A special thanks goes out to, Mrs Caroline Wolff (and Family), Anke Depke (and family) Norbert Kuntz and every host family that made our visit in Germany in June extra special. We definitely would love to some day catch up again and look forward to seeing the German learners for our next exchange!



Two Weltwärts volunteers for one year at Caritas in Eschweiler

Life in Europe

Nositembiso Mageveza

Where do I begin..... coming to Germany was something that I always wanted to do - travel and explore the world. I remember the butterflies in my tummy when I first heard the news that I got the opportunity to travel and spend one year in Germany.

Let me skip the preparations and start when I had to travel from Hamburg to Aachen, the City where I was going to do my volunteer service. That is when reality started and I met my mentor Sabine Schönberg-Ehlen. She took me to where I was supposed to stay. We were promised that we will have accommodation ready for us regardless but for me it was different. There was no accommodation available. That is where the horror began: before I even spend 2 weeks at a rented accommodation I had to move from one place to another. In that period I also met my second mentor which is Birgit Jakobs. Both helped me to travel from one place to another. The situation was really overwhelming for me and at some point I felt like I wanted to be sent back yo South Africa, but with their presence they made sure that I was safe and comfortable. They checked out on me and even went an extra mile writing emails, so I could get an accommodation, Finally I got something and it was a start of something good.



I am really grateful that I got to know these two wonderful ladies, I do not know how I would have handle everything, they did not only play the role of being mentors but they played the role of being parents caring for me as if I was their own child. My experience in Germany has been wonderful going from one country to another: Belgium and The Netherlands, traveling within German cities, going to hikes, restaurants and coffee dates.

Opportunities come along the way. - I also like to send my appreciation to the Aachen-Cape Town partnership and Norbert Kuntz for making this experience possible for me.

Guten Tag zusammen

Tiffany-Lee Brandon

I am writing this review to express my gratitude to Sabine and Birgit for being the absolute best mentors one could ask for. I cannot even phantom what a lonely experience my voluntary year would have been without their support. I am forever grateful for meeting you two pillars of strength and I will cherish you always.

Also, I would like to extend my thanks to Mr Nobert for his initiative and recognizing an opportunity for South Africans to work at an organization such as Caritas. Amongst other ventures, he has done outstanding work and I have to give him a round of applause for his commitment to uplifting young minds.

It has been a rock road, if I may say so myself, but the best experience of my life. It was not only an intercultural experience for me, but also my fellow colleagues and host mother and father whom I have to mention. Steffi and Jürgen are the most selfless people I have ever encountered, so supportive and loving. I am truly blessed.

From my many experiences throughout Europe, I must say attending the event "The Shack Kick Off" coordinated by Mr Nobert and the assistance of the teachers from the local school, was my favorite. I got so emotional as the young girls and boys from Cape Town sang in their mother tongues, the poems, the expressions and just being around our very own, felt like home.

With that said, once again I would like to thank you all. I also would like to include Anne-Sophie and Isabelle from SAGENET for their assistance throughout these months. You have been working endlessly to make sure we were okay, thank you.



Miscellaneous - past and future

diverse authors

Food Dialogues and the Aachen Menu

A student teaching project was initiated at the Institute and Chair of Landscape Architecture (LA RWTH) inspired by the Food Dialogues from Cape Town. The project with the theme "Menu - Food Mapping for the Aachen Region" aimed to capture the complex relationships between stakeholders, production, marketing and supply on a regional level and to develop ideas as well as strategies for a format of the Aachen Food Dialogues.

A workshop was held on the 26th of January 2023, with Kurt Ackermann from the SA Urban Food and Farming Trust (SAUFF) who launched the Food Dialogues in Cape Town, as a guest speaker. During the event, the first formats for the Aachen Food Dialogues were developed. The project could help to strengthen the importance of regional food production and supply in Aachen and to promote a dialogue between the different stakeholders. The experiences and insights of the Food Dialogues from Cape Town could serve as a valuable source of inspiration to develop innovative approaches for a sustainable and cooperative design of the regional food economy.

Additional stakeholders from Aachen who would like to participate in a continuation are welcome.

Contributors: Nika Stützel and Katharine Christen (LARWTH) and Kurt Ackermanns (SAUFF)

Nelson Mandela Park guided tours

Nelson Mandela's birthday on the 18th of July is the occasion every year for a guided tour through the park named after him. The area between Goethestraße and Maria-Theresia-Allee has a varied history. First, the Alexians built the "Mariabrunn Lunatic Asylum", then, from 1902, the municipal Elisabeth Hospital was built, which became the University Hospital in 1966. After the move to the New University Hospital in 1985, part of the site fell into a slumber.

Now, since 2017, the park has borne a great name, the bearer of which and the twinning between Cape Town and Aachen responsible for the naming were reported on in detail during the guided tours.



24 hours on the street - The other face of Cape Town

Intensified by the Covid19 pandemic, homelessness in Cape Town increased drastically. Soup kitchens run privately are the only offer against the worst hunger. One of these soup kitchens was supported by the Förderverein der Partnerschaft Aachen-Kapstadt.

In contact with the soup kitchen we got to know Alberto Caoci. He was able to create this photo project at the University of Cape Town (Division of Social and Behavioural Science) with and through homeless people, giving them a voice and a face in this way.

**Vernissage: Tuesday, 8th August 2023, 19h.
City Church of St. Nicholas, Aachen.**

Presentation of the exhibition with a glass of wine from South Africa and musical accompaniment. Duration of the exhibition: from 8th - 18th August 2023. You can also watch the video about the project of Alberto Coaci on YouTube: „**Cape Town – Living on the street**“.

<https://www.youtube.com/watch?v=jGqVnwdejJ8>

Annual General Meeting (AGM) with annual conference

This year's general meeting of the Förderverein der Städtepartnerschaft Aachen-Kapstadt will take place on:

**Friday, 20th October, 16h
Welthaus Aachen, An der Schanz 1, assembly hall, 2nd floor**

Afterwards (from about 17h) the association invites all interested people to the annual conference 2023. Among other things, two documentaries will be shown there: "Community gardens in Cape Town and Aachen" and "The Shack - a change of perspective". In addition, this year's exchanges will be explained in more detail with the help of photo documentaries. Afterwards, the further plans for 2024 will be presented. Let yourself be surprised!

Partnership trip in November

After the successful partnership trips in 2017 and 2019, as well as the planned trip in 2021, which was cancelled due to Covid19, we want to offer a trip to Cape Town again this year with a focus on our partnership projects. Our association member Norbert Kuntz, who has lived in Cape Town for at least half of each year for the past 10 years, will organize and accompany the trip to Cape Town and along the Garden Route.

The trip is scheduled to take place from Nov. 15 - Nov. 29, 2023.

Interested parties please contact norbert.kuntz@gmx.de



Visit at the
Cultural centre
Guga S'Thebe
in Langa

left 2017

Right 2019

